

Save the
Dates!

HEALTHY ISLAND PROJECT
WINTERFEST 2019
January 17, 18 & 19

For
ALL

Thursday at the Island Community Center

Learn to play Pickleball – 4:00–5:00 pm

Friday at DI-S Elementary School

Magic Show for DISES Students – 10 am

FREE Community Soup Dinner with live music – 5:30 pm

Magic Show with George Saterial in The Reach – 6:30pm

Saturday

At the Island Family Medicine, Stonington

Men's Health Overhaul – A FREE Health Assessment for Island Men

Drop in 7:00am–10:00am

At Deer Isle–Stonington Elementary School Gym 10 – 2

Lots of hands-on activities, exhibits, music, exercise,
and healthy fun, corn hole, miniature horses and more!

The Stone Family, DISHS Pep Band, and music with WERU

Kids Zumba with Kelley Tardif 11:00–11:30

Zumba for All with Miranda Clough 12:15–12:45

In the Reach Auditorium:

Introduction to Tai Chi with Nina Zeldin 10:15–11:00am

Magic Workshop with George 11:15–noon

Arctic Survival with Bert Yankielun 12:15–1:00

Grayson and the Birdsacre Owls 1:00–1:45

In the Art Room: TinkerTime with Mickie Flores – 10:00–2:00

In the Library: Cribbage Tournament – 10:00

In the Cafeteria: FREE Lunch by Edible Island 11:30–1:30

Saturday afternoon and evening

At the Island Community Center in Stonington:

Pickleball Tournament – 11:00 am–6:00pm

Ten-minute Massages with Wise Tree

Fire Pit with Island Rec Board – 6:00pm

FIREWORKS over the ballfield – 6:45pm

At the Stonington Opera House:

Community Dance – Band TBA – 7:00pm



THINK
SNOW!
IGLOO BUILDING!
SNOWSHOEING!

All Events
are FREE!

Thanks to all WF 2019 Sponsors, especially The Island Agency,
NH Charitable Trust, Billings Diesel, Bar Harbor Bank and Trust,
F/V Catch-22, Seaside Pharmacy and the Towns of Deer Isle and Stonington